

# Oregon Career Development Association

The latest OCDA news and events! The Oregon Career Development Association promotes quality career development in Oregon and SW Washington. Visit us online at [www.ocda.info](http://www.ocda.info)

Dear OCDA Members,



It is so exciting to be your president for the 2012–2013 term. Our board is still going strong with a full crew of dedicated team members. I want to thank them for all of their hard work and continuing to create a collaborative board that strives to serve the membership and to create a sense of community for career development professionals in Oregon and SW Washington.

In our most recent board meeting, I along with the other board members identified some goals for the upcoming year:

- Continue the tradition of holding networking events, industry tours and a successful PDI .
- Organize a community service/volunteer event for OCDA members.
- Updating the OCDA Website design and functionality.
- Enhance OCDA's connection with Oregon Counseling Association (OCDA is a division of ORCA).
- Facilitate OCDA Board and membership's connection with our NCDA resources.

## NCDA Atlanta Conference 2012



Both Matt and I had the pleasure of attending the **NCDA conference** this year in June and it was an inspiring and informative experience as usual. **Oregon was awarded the outstanding state division for the western region!** I invite you to consider attending next year's conference in Boston as it will be a celebration of NCDA's 100<sup>th</sup> year! Every time I attend, I find this conference so valuable in learning new ideas and getting fresh

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perspectives from career development professionals across the nation in a variety of settings. More bonus pics for those of you that scroll to the end of the newsletter.

There are also opportunities for you present at a session or lead a round table at the conference and share your own programming, counseling techniques or research. It was nice to see Oregon represented this year by Linfield College's Director of Career Development, Michael J. Hampton. He presented on his development of student employee programs to lead portions of career services on campus. If you have been looking for an opportunity to present your material the NCDA conference provides many opportunities!

In addition to attending, I was a member of the **NCDA Leadership Academy 2011-2012** and this was such a great experience for me to develop a deeper connection with and understanding of how the state and national organization are run. I also met a lot of great people and increased my professional network! If you are interested in getting involved at a state or national level in a leadership role I highly recommend you apply for the next year's leadership academy. Please feel free to call or email me with any questions about my experience at [clundeen@vancouver.wsu.edu](mailto:clundeen@vancouver.wsu.edu).

As we kick off the year with OCDA, I hope you will join us at the upcoming **OCDA and ORCA counseling professionals networking** (details at the end of this message). This will be a great opportunity to meet counseling professionals from a variety of settings in a casual atmosphere. Also a good time to get to know board members and discuss any interest you may have in being involved or suggestions you have for the upcoming year.

Sincerely,  
Christine Lundeen  
OCDA President, 2012-2013  
[www.ocda.info](http://www.ocda.info)

## Networking Event: OCDA and ORCA

**You are invited to a joint networking night!**



The **Oregon Counseling Association (ORCA)** and **Oregon Career Development Association (OCDA, a division of ORCA)** are excited to announce a combined no-host networking event for members and friends/colleagues of members. Stop by to enjoy some food and beverage (available for purchase) and to meet with other counseling and career development professionals in Oregon and SW Washington. We look forward to seeing you there!

**Keep an eye out for the Evite which you will receive in the next couple of weeks.**

**Date and Time:** 5:30pm -8pm, Thursday, September 20<sup>th</sup>

**Location:** **Broadway McMenamin's Pub and Restaurant**  
1504 NE Broadway  
Portland, Oregon 97232

Please contact Christine Lundeen at [clundeen@vancouver.wsu.edu](mailto:clundeen@vancouver.wsu.edu) with any questions regarding this event.

## Meet Your OCDA Executive Board, 2012-2013



### **Christine Lundeen, OCDA President**

Career Counselor  
Washington State University, Vancouver  
(360) 546-9224 [clundeen@vancouver.wsu.edu](mailto:clundeen@vancouver.wsu.edu)  
*Currently, I work as a Career Counselor at Washington State University, Vancouver campus which is a non-traditional commuter campus of about 3,000 students. In the past, I have worked at the University of Denver as a Career Counselor and as a Mental Health Counselor at a residential treatment center in Colorado. Recently, I have begun teaching a career exploration class at Clark Community College and have enjoyed this new experience. The past two years,*

*I also had the honor of being involved in the National Career Development's 2011-2012 Leadership Academy. I am excited to continue my involvement in OCDA as this year's president!*



### **Greg Flores, President-Elect**

Associate Director of Career Services  
Portland State University  
(503) 725-4971 [gflores@pdx.edu](mailto:gflores@pdx.edu)  
*Hello, my name is Greg Flores and I am the Associate Director of Career Services at Portland State University where I oversee the Career Center. I have worked in higher education for the past 12 years and have worked at the PSU Career Center for the last five years. I am looking forward to getting more involved with OCDA in the coming year and helping to build awareness of OCDA offerings. I look forward to meeting and working with more OCDA members.*

*Thanks.*



### **Matt Morscheck, Past-President**

Career Counselor/Career Development Specialist  
Oregon Health & Science University  
(503) 490-9746 [matt@mattmorscheck.com](mailto:matt@mattmorscheck.com)  
*This is my 5th year on the OCDA Board and I am looking forward to serving alongside our fantastic leadership team as Past-President. As part of my Past-President responsibilities, I will coordinate the NCDA Poster/Poetry Contest in the fall and oversee the nominations for awards and board elections. In my work, I oversee the career development strategy and delivery of career services for employees at Oregon Health & Science University, Portland's largest*

*employer. I maintain a part-time private practice and teach career development classes at the undergraduate and graduate level.*

### **Dan Hayes, Membership Coordinator**

Guidance Counselor  
Chemeketa Community College



(503) 399-5182

[dan.hayes@chemeketa.edu](mailto:dan.hayes@chemeketa.edu)

*I am a Guidance Counselor with Chemeketa Community College, former Employment Specialist for JTPA/WIA, and current Membership Coordinator for OCDA. Many of you hopefully have already heard from me as I acknowledge your membership and remind you when to renew. I am hoping to streamline the membership process by being proactive with my reminders and accurate with my data through the use of online technology.*



**Anne Lapour, Treasurer**

Career Counselor

Eugene, OR

(541) 505-4875 [annelapour@gmail.com](mailto:annelapour@gmail.com)

*My name is Anne Lapour, and I'm your OCDA Treasurer. I have worked as a career counselor in the university setting, and until recently worked as the "Career Development Coordinator" at Oregon State University's Career Services office. I loved my work at OSU, but left this spring in a career transition of my own--life as a new mother. I am excited to remain on the OCDA board so I can contribute to professional development in our field and network with our*

*fantastic membership.*



**Nina Olken, Communications/Website Coordinator**

Assistant Director, Internships & Outreach

Lewis & Clark College

Center for Career and Community Engagement

(503) 768-7114 [jolken@lclark.edu](mailto:jolken@lclark.edu)

*I currently work at Lewis & Clark College as the Assistant Director for Internships and Outreach in the Center for Career and Community Engagement. I hold a Master's degree from Suffolk University and have recently completed the GCDF certification. As the new Communications Coordinator for OCDA, I hope to help members get involved through meaningful communication and organizing events.*



**Donna Montoya, Secretary**

Recruiter and Admission Counselor, MBA for

Professionals

Willamette University

(503) 983-6688

[dmontoya@willamette.edu](mailto:dmontoya@willamette.edu)

*I enjoy combining my background in business and career development, and experiences living and working internationally with my passion for helping others find their own paths in their career and educational aspirations. In my role at Willamette, I have been able to work with a diverse set of professionals and guide them through the application and career enhancement process both in the Salem and Portland areas.*



**Angela J. Doty, Historian**

Director of Career Development & Student Success  
Northwest Christian University  
(541) 684-7289 [adoty@nwcu.edu](mailto:adoty@nwcu.edu)

*I'm currently serving as Director of Career Development & Student Success at Northwest Christian University, where I get to fulfill my passion for career development in the context of higher education. My primary responsibilities include providing leadership to career development services and resources, as well as overseeing the traditional undergraduate internship program. This year marks my 8th consecutive year on the board, which enables*

*me to be your Historian.*



**Eden Isenstein, Member at Large**

Counselor/Instructor  
Clark College  
(360) 992-2371 [eisenstein@clark.edu](mailto:eisenstein@clark.edu)

*I work as a Counselor at Clark College in Vancouver, WA providing personal, mental health, career and academic counseling to students. I teach career classes, college success classes and stress management classes in the Human Development department and lead workshops on a variety of topics. Additionally, I am adjunct faculty at Portland State University where I teach a senior capstone that focuses on using theater for education and prevention*

*of sexual assault on college campuses. I have a BA in Women's Studies and MS in Counseling from Portland State University and am a registered intern working towards licensure in Oregon. I have been an OCDA member since 2007, have just joined the OCDA board, and am excited to get more involved!*



**Anna Meiners, Member at Large**

Counselor and Training Services Coordinator  
Cascade Centers Employee Assistance Program  
(503) 639-3009 ext. 133  
[anna.m.meiners@gmail.com](mailto:anna.m.meiners@gmail.com)

*I currently work at Cascade Centers, Inc. as a counselor, consultant, and trainer. I help provide people with tools and knowledge to be effective in professional roles. This includes areas of life transition, workplace issues, and career development. I earned my Master's degree in Counseling Psychology, with an emphasis in Organizational Behavior from Pacific University. In the past, my experience in the mental health field has included program development, employee performance management, and provision of direct clinical services for both adults and adolescents. I am looking forward to increased involvement with OCDA and*

*contributing to the professional growth of the career counseling community.*

**Bonus pics of the NCDA conference in Atlanta below!**







National Career Development Association



Outstanding State Division Award

Presented to

*Oregon Career Development  
Association*

2012

### Western Region Award: Oregon

- Conducted member needs/opportunity survey.
- "Cocktails & Careers Networking" to gather ideas on how to promote quality career development
- Celebrated 10th annual PDI & awards luncheon with 65 career developmental professionals in attendance





1:50 pm - 3:00 pm

Recent research suggests that individuals harbor vivid and detailed career and lifestyle aspirations in the form of daydreams. This session will provide knowledge of, and will demonstrate a model for exploring and interpreting career goals, values, and meanings which are often embedded within individuals' daydreams, in a contextually sensitive manner.

*Christopher Pisarik and Lacy Currie, University of Georgia*

**#407 NCDA LEADERSHIP ACADEMY**

1:50 pm - 3:00 pm

*Grand Hall B, Exhibit Level*

Join the 2011/12 Leadership Academy class as they portray the future of NCDA through their class projects.

*Ron Cathey, Louisiana State University and Ron Cathey, Louisiana State University; Lakeisha Mathews, University of Maryland University College; Kevin A. Tate, Marquette University; Ahmed Mostafa, Private Practice, Stephen Cantine, Illinois State University; Laura R. Lane, University of North Carolina at Chapel Hill; Marie Zimenoff, A Strategic Advantage; Christine Lundeen, Washington State University Vancouver*