Oregon Career Development Association

The latest OCDA news and events! The Oregon Career Development Association promotes quality career development in Oregon and SW Washington. Visit us online at www.ocda.info

Dear OCDA Members,



It is so exciting to be your president for the 2012–2013 term. Our board is still going strong with a full crew of dedicated team members. I want to thank them for all of their hard work and continuing to create a collaborative board that strives to serve the membership and to create a sense of community for career development professionals in Oregon and SW Washington.

In our most recent board meeting, I along with the other board members identified some goals for the upcoming year:

- Continue the tradition of holding networking events, industry tours and a successful PDI.
- Organize a community service/volunteer event for OCDA members.
- Updating the OCDA Website design and functionality.
- Enhance OCDA's connection with Oregon Counseling Association (OCDA is a division of ORCA).
- Facilitate OCDA Board and membership's connection with our NCDA resources.

NCDA Atlanta Conference 2012



Both Matt and I had the pleasure of attending the NCDA conference this year in June and it was an inspiring and informative experience as usual. Oregon was awarded the outstanding state division for the western region! I invite you to consider attending next year's conference in Boston as it will be a celebration of NCDA's 100th year! Every time I attend, I find this conference so valuable in learning new ideas and getting fresh



perspectives from career development professionals across the nation in a variety of settings. More bonus pics for those of you that scroll to the end of the newsletter.

There are also opportunities for you present at a session or lead a round table at the conference and share your own programming, counseling techniques or research. It was nice to see Oregon represented this year by Linfield College's Director of Career Development, Michael J. Hampton. He presented on his development of student employee programs to lead portions of career services on campus. If you have been looking for an opportunity to present your material the NCDA conference provides many opportunities!

In addition to attending, I was a member of the NCDA Leadership Academy 2011-2012 and this was such a great experience for me to develop a deeper connection with and understanding of how the state and national organization are run. I also met a lot of great people and increased my professional network! If you are interested in getting involved at a state or national level in a leadership role I highly recommend you apply for the next year's leadership academy. Please feel free to call or email me with any questions about my experience at clundeen@vancouver.wsu.edu.

As we kick off the year with OCDA, I hope you will join us at the upcoming *OCDA* and *ORCA* counseling professionals networking (details at the end of this message). This will be a great opportunity to meet counseling professionals from a variety of settings in a casual atmosphere. Also a good time to get to know board members and discuss any interest you may have in being involved or suggestions you have for the upcoming year.

Sincerely,
Christine Lundeen
OCDA President, 2012-2013
www.ocda.info

Networking Event: OCDA and ORCA

You are invited to a joint networking night!



The Oregon Counseling Association (ORCA) and Oregon Career
Development Association (OCDA, a division of ORCA) are excited to announce a combined no-host networking event for members and friends/colleagues of members. Stop by to enjoy some food and beverage (available for purchase) and to meet with other counseling and career development professionals in Oregon and SW Washington. We look forward to seeing you there!

Keep an eye out for the Evite which you will receive in the next couple of weeks.

Date and Time: 5:30pm -8pm, Thursday, September 20th

Location: Broadway McMenamin's Pub and Restaurant

1504 NE Broadway Portland, Oregon 97232 Please contact Christine Lundeen at clundeen@vancouver.wsu.edu with any questions regarding this event.

Meet Your OCDA Executive Board, 2012-2013



Christine Lundeen, OCDA President

Career Counselor
Washington State University, Vancouver
(360) 546-9224clundeen@vancouver.wsu.edu
Currently, I work as a Career Counselor at
Washington State University, Vancouver campus which
is a non-traditional commuter campus of about 3,000
students. In the past, I have worked at the University
of Denver as a Career Counselor and as a Mental
Health Counselor at a residential treatment center in
Colorado. Recently, I have begun teaching a career
exploration class at Clark Community College and
have enjoyed this new experience. The past two years,

I also had the honor of being involved in the National Career Development's 2011-2012 Leadership Academy. I am excited to continue my involvement in OCDA as this year's president!



Greg Flores, Presdient-Elect

Associate Director of Career Services
Portland State University
(503) 725-4971gflores@pdx.edu
Hello, my name is Greg Flores and I am the Associate
Director of Career Services at Portland State
University where I oversee the Career Center. I have
worked in higher education for the past 12 years and
have worked at the PSU Career Center for the last five
years. I am looking forward to getting more involved
with OCDA in the coming year and helping to build
awareness of OCDA offerings. I look forward to
meeting and working with more OCDA members.





Matt Morscheck, Past-President

Career Counselor/Career Development Specialist
Oregon Health & Science University
(503) 490-9746matt@mattmorscheck.com
This is my 5th year on the OCDA Board and I am
looking forward to serving alongside our fantastic
leadership team as Past-President. As part of my PastPresident responsibilities, I will coordinate the NCDA
Poster/Poetry Contest in the fall and oversee the
nominations for awards and board elections. In my
work, I oversee the career development strategy and
delivery of career services for employees at Oregon
Health & Science University, Portland's largest

employer. I maintain a part-time private practice and teach career development classes at the undergraduate and graduate level.

Dan Hayes, Membership Coordinator

Guidance Counselor Chemeketa Community College

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(503) 399-5182 dan.hayes@chemeketa.edu

I am a Guidance Counselor with Chemeketa Community College, former Employment Specialist for JTPA/WIA, and current Membership Coordinator for OCDA. Many of you hopefully have already heard from me as I acknowledge your membership and remind you when to renew. I am hoping to streamline the membership process by being proactive with my reminders and accurate with my data through the use of online technology.



Anne Lapour, Treasurer

Career Counselor Eugene, OR

(541) 505-4875annelapour@gmail.com

My name is Anne Lapour, and I'm your OCDA Treasurer. I have worked as a career counselor in the university setting, and until recently worked as the "Career Development Coordinator" at Oregon State University's Career Services office. I loved my work at OSU, but left this spring in a career transition of my own--life as a new mother. I am excited to remain on the OCDA board so I can contribute to professional development in our field and network with our





Nina Olken, Communications/Website Coordinator

Assistant Director, Internships & Outreach Lewis & Clark College

Center for Career and Community Engagement (503) 768-7114jolken@lclark.edu

I currently work at Lewis & Clark College as the Assistant Director for Internships and Outreach in the Center for Career and Community Engagement. I hold a Master's degree from Suffolk University and have recently completed the GCDF certification. As the new Communications Coordinator for OCDA, I hope to help members get involved through meaningful communication and organizing events.



Donna Montoya, Secretary

Recruiter and Admission Counselor, MBA for Professionals Willamette University (503) 983-6688

dmontoya@willamette.edu

I enjoy combining my background in business and career development, and experiences living and working internationally with my passion for helping others find their own paths in their career and educational aspirations. In my role at Willamette, I have been able to work with a diverse set of professionals and guide them through the application and career enhancement process both in the Salem and Portland areas.



me to be your Historian.

Angela J. Doty, Historian

Director of Career Development & Student Success Northwest Christian University (541) 684-7289adoty@nwcu.edu

I'm currently serving as Director of Career
Development & Student Success at Northwest
Christian University, where I get to fulfill my passion
for career development in the context of higher
education. My primary responsibilities include
providing leadership to career development services
and resources, as well as overseeing the traditional
undergraduate internship program. This year marks
my 8th consecutive year on the board, which enables



Eden Isenstein, Member at Large

Counselor/Instructor
Clark College
(360) 992-2371eisenstein@clark.edu

I work as a Counselor at Clark College in Vancouver, WA providing personal, mental health, career and academic counseling to students. I teach career classes, college success classes and stress management classes in the Human Development department and lead workshops on a variety of topics. Additionally, I am adjunct faculty at Portland State University where I teach a senior capstone that focuses on using theater for education and prevention

of sexual assault on college campuses. I have a BA in Women's Studies and MS in Counseling from Portland State University and am a registered intern working towards licensure in Oregon. I have been an OCDA member since 2007, have just joined the OCDA board, and am excited to get more involved!



Anna Meiners, Member at Large

Counselor and Training Services Coordinator Cascade Centers Employee Assistance Program (503) 639-3009 ext. 133

anna.m.meiners@gmail.com

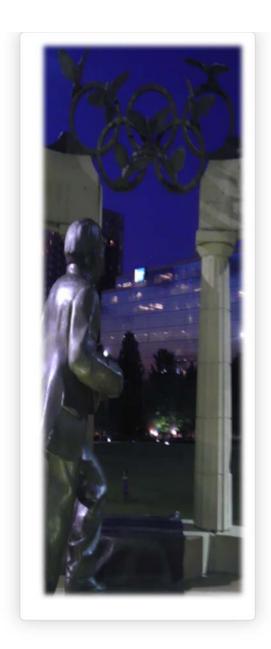
I currently work at Cascade Centers, Inc. as a counselor, consultant, and trainer. I help provide people with tools and knowledge to be effective in professional roles. This includes areas of life transition, workplace issues, and career development. I earned my Master's degree in Counseling Psychology, with an emphasis in Organizational Behavior from Pacific University. In the past, my experience in the mental health field has included program development, employee performance management, and provision of direct clinical services for both adults and adolescents. I am looking forward to increased involvement with OCDA and

contributing to the professional growth of the career counseling community.

Bonus pics of the NCDA conference in Atlanta below!



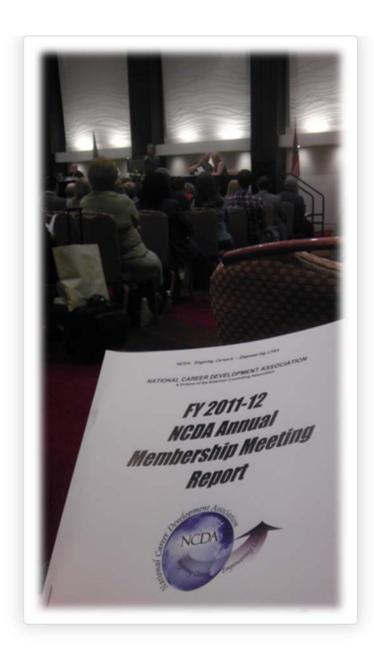












1:50 pm - 3:00 pm Recent research suggests that individuals harbor vivid and FOR detailed career and lifestyle aspirations in the form of 1:50 daydreams. This session will provide knowledge of, and will demonstrate a model for exploring and interpreting career As goals, values, and meanings which are often embedded within fou individuals' daydreams, in a contextually sensitive manner. all Christopher Pisarik and Lacy Currie, University of Georgia #407 NCDA LEADERSHIP ACADEMY Grand Hall B, Exhibit Level 1:50 pm - 3:00 pm Join the 2011/12 Leadership Academy class as they portray the future of NCDA through their class projects. Ron Cathey, Louisaina State University and Ron Cathey, Louisiana State University, Lakeisha Mathews, University of Maryland University College; Kevin A. Tate, Marquette University; Ahmed Mostafa, Private Practice, Stephen Cantine, Illinois State University; Laura R. Lane, University of North Carolina at Chapel Hill; Marie Zimenoff, A Strategic Advantage; Christine Lundeen, Washington State University Vancouver