

Oregon Career Development Association

The latest OCDA news and events! The Oregon Career Development Association promotes quality career development in Oregon and SW Washington. Visit us online at www.ocda.info

November 2014 Newsletter



Oregon Career Development Association

We are also working on some smaller networking events, and we will share the details as they become available. We encourage your feedback, requests and suggestions which can be expressed through our website at www.ocda.info – I hope to hear from you. The Board and I wish you a meaningful and safe holiday season, and we hope to see all of you at our next event!

Thank You,

Carmen Ryan, MBA, MS

OCDA President

Oregon Career Development Association



1. Meet Your 2014 OCDA BOARD

Carmen Ryan, *President*



Carmen Ryan is serving as OCDA President. She has a business background earning a BS in International Management from Cal Poly San Luis Obispo, California and an MBA from Santa Clara University, California. She began her career as a Marketing Manager in Silicon Valley for Maxim Integrated Products. She decided to switch gears and earned an

MS Education, School Counseling from Portland State University,

Oregon. Carmen is currently a school counselor for Cascades and Green Acres Elementary Schools in the Lebanon Community School District. She specializes in trauma and career planning, using art therapy to help children express themselves. Visit her website at carmenbryan.weebly.com.

Adry Clark, *President Elect*



I have been the director of Service Learning & Career Development at Western Oregon University since 2012. Before that I was the Assistant Director of Career Services at Oregon State University. I fell in love with the field of career development in the late 90's when I lived in Southern California, and have a master's degree focusing on career counseling. I recently completed my doctorate degree in Counseling at OSU, where I researched the connection between social class and career development.

Gregory Flores, *Past-President*



I am the OCDA Past-President and Associate Director of Career Services at Portland State. I have worked in higher education for the past 15 years and have worked at the PSU for the last seven years. I enjoy connecting members with educational and networking opportunities and promoting our profession. I look forward to meeting and working with more OCDAmembers.

Angela Doty, *Historian*



I'm currently serving as Director of Academic Services & Career Development at Northwest Christian University, where I get to fulfill my passion for partnering with students in the discernment of calling and vocation. My primary responsibilities include providing leadership to the Office of Career Development, including the

traditional undergraduate internship program, and oversight of the Offices of Academic Advising and the Registrar. This year marks my 10th consecutive year on the board, which enables me to be your Historian.

Christine Lundeen, *Committee Member*



Christine Lundeen joined Oregon Health and Science University in September 2014 as their Career Development Specialist. She provides individual career counseling and offers a variety of career development classes with the goal of promoting an environment of career satisfaction and growth at OHSU. Prior to OHSU, Christine was the sole career counselor at WSU Vancouver campus for 6 years. Christine enjoys helping people identify their strengths, skills, interests and values and how those translate into a satisfying career path. Christine is a Licensed Professional Counselor (LPC) and holds a master's degree in counseling from the University of Cincinnati and an undergraduate degree in psychology from Linfield College. She also enjoys being involved in leadership with the Oregon Career Development Association (OCDA) and the National Career Development Association (NCDA). In October 2014 she participated in the Fulbright International Education Administrators Program in Germany.

Blanca Aguirre, *Membership Coordinator*



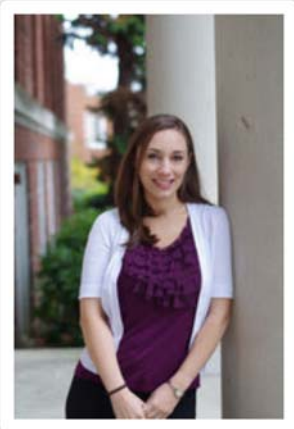
I currently work at Chemeketa Community College as a Counselor. In addition to counseling I teach Career Life Planning, First Year Experience, and Service Learning abroad. I love working with students and help them reach their goals and dreams. I hold a Master's degree in Counseling from Oregon State University. As you new Membership Coordinator for OCDA, my goal is to be proactive and acknowledge your OCDA membership. I am excited to be a OCDA board member and promote this membership opportunity to everyone in the field of Career Development

Nina Olken, *Communications Coordinator*



I currently work at Lewis & Clark College as the Interim Director in the Career Development Center. I hold a Master's degree from Suffolk University and have completed the GCDF certification. As the Communications Coordinator for OCDA, I hope to help members get involved through meaningful communication and organizing events.

Donna Montoya, Secretary



I enjoy combining my background in business and career development, and experiences living and working internationally with my passion for helping others find ways to pursue their individual career paths. In my role with Linfield College Career Development, I serve students through career counseling, graduate program & post-graduation guidance, and professional development & job application resources. I am inspired by OCDA to continue my own career path and help enhance the professional development of our membership through my role as Secretary.

Chelsea Chase, Treasurer

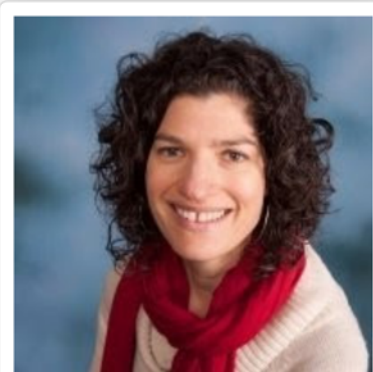


I hail from Colorado and am excited to begin a new chapter here in Portland, Oregon. Through my Master's program I developed a passion for career counseling and focused my practicum and internship experience in The Office of Career Services at Metropolitan State College of Denver. Currently, I am working with Goodwill Industries of the Columbia Willamette delivering career services to our community members. I truly believe in the importance of career development and find deep meaning in helping folks develop as both lifelong learners and emerging professionals.

Malia Arenth, Member-at-Large



I currently work as a Career Consultant with Oregon State University Career Services, serving students and alumni through career counseling and outreach. I hold a BA in English/Creative Writing from Colorado College and an MS in Counseling from Oregon State University. As a Licensed Professional Counselor in Oregon, my background is in nonprofit work, providing counseling and education for people experiencing many life transitions, including through trauma, grief/loss, parenthood, mental illness, career changes/job loss and more. I love combining my enthusiasm for personal development with the student and university goals for career development and professional success, and I look forward to building community and learning opportunities through work with the OCDA!



Edén Isenstein, Member-At-Large

Edén Isenstein has been a member at large on the OCDA board since 2011. She has a strong belief in the counseling process and people's ability to grow and change. She has worked as a counselor at a community college since 2008 and started at Mt Hood Community College in April, 2012. She provides career, personal and crisis counseling. At MHCC she teaches in the Transitions program and loves the opportunity to support women overcome their internal and external obstacles and realize their dreams. Edén has a BA in Women's Studies and MS in Counseling from Portland State University.



Gentry Dinsmore, Member - At -Large

I teach College and Career Success courses and Inspire workshops on a variety of topics such as professionalism, resume/cover letterwriting, networking skills, and job search strategy. I have a BA in Psychology from Corban University and will soon complete my MS in Counseling Psychology from Capella University. I have been an OCDA member since 2010, have just joined the OCDA board, and am excited to get more involved!

2. New Membership Structure – No more worrying about your renewal date!



In an effort to simplify record keeping for both the board and members, we are moving to **anew fixed-date membership year**. Now annual dues are for a membership year ending March 15th. Dues are not prorated, but if received after Jan 1 will be extended through March 15th of the following year.

In order to help with this transition, all past and current members will have their membership extended until March 2015. Anyone who has joined or renewed since July will have their membership extended until March of 2016. If you have any questions or concerns about this please contact the board.

3. Congratulations Angela Doty, NCDCA Outstanding Career Practitioner Recipient!



ANGELA
DOTY,
EUGENE
RESIDENT
AND NWCU
ASSOCIATE,
RECEIVES
NATIONAL
AWARD

Broken Arrow,
OK – October
13, 2014 –
Angela Doty,
a 14-year
Oregon

resident, was bestowed the **Outstanding Career Practitioner Award by the National Career Development Association (NCDCA)**. NCDCA recognizes practicing career counselors, consultants, or teachers for outstanding performance in day-to-day service.

Doty is currently the Director of Career Development and Student Success at Northwest Christian University in Eugene. Doty has been an NCDCA member for nearly ten years, served as President of the Oregon Career Development Association for three, and been an active career counselor for over eight years.

"This award is especially meaningful to me because my colleagues secretly nominated me," shared Doty, adding, "It is incredibly humbling to have others take notice, let alone be recognized with a national award. My goal, regardless of any award, is to continue to partner with college students to help them discover their calling, and to empower and equip them to pursue it."

While President of the Oregon Career Development Association, Doty expanded the organization's annual Professional Development Institute, making it the premier local opportunity for career counselor networking and continuing education.

The National Career Development Association is a non-profit organization created to provide professional development, connection, and resources to its membership, all of whom hold positions within the career development field. Through publications, conferences and institutes, and advocacy, NCDa inspires its members to provide quality services to their clients, so they may make informed career choices. For further information, please visit .

4. Five reasons you should consider applying for a Fulbright International Education Seminar



When people think of Fulbright they often think of year-long commitments to teach or complete research as a PhD in another country. What many people don't know is that there are short-

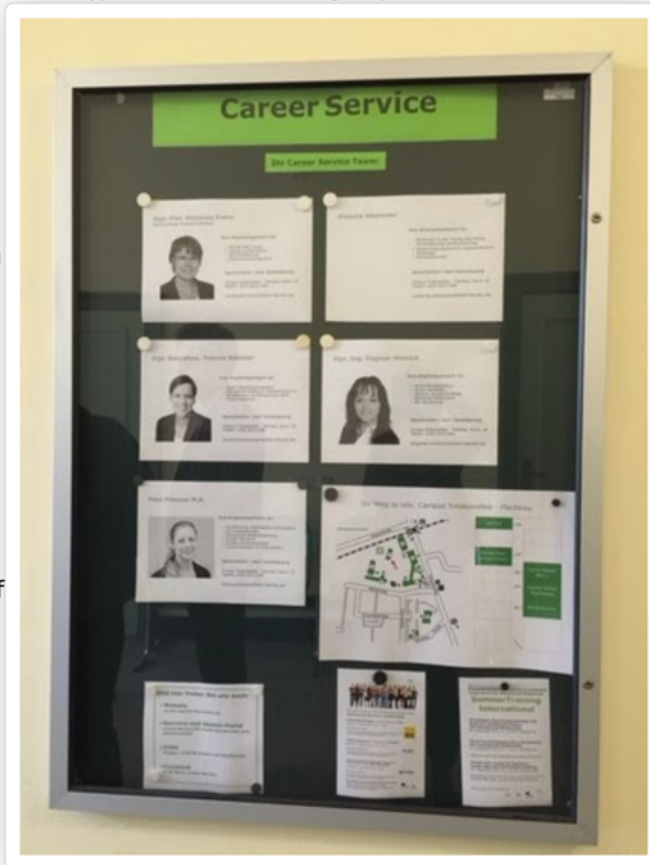
term seminars for higher education professionals and a PhD is not required. I applied to the Germany seminar because it was the most inclusive in terms of role and title and specifically mentioned career services professionals.

I toured Germany for two weeks in October with the Fulbright program. One week in Berlin and the rest of the time split between Munich and Mainz. In Mainz we converged with the **French Fulbright group which included NCDa Past-President Lisa Severy!** During our time we toured a wide variety of universities and learned about how the education system differs from the United States. In addition they provided cultural experiences and we met a number of student Fulbrighters and faculty and learned about those longer term opportunities for professionals and recent

graduates. **Did I mention that Fulbright pays for your travel and your expenses while participating in the grant?**

A few interesting tidbits about the German higher education system: it's free (this was particularly hard for our group to wrap our minds around), there are no college sports and there

are no general education courses. Students apply directly to a program of study which does not transfer credits to another program of study. From a young age, students are steered towards one of basically two educational tracks, one track is considered more



research/academic based while the other is more vocational and focuses on both coursework and hands on work experience. **Student Services as we know them are minimal** and personal growth and development is not a focus of the college experience. **Career Services is in it's early stages and they use the American title of "Career Services"!** I could go on for pages about each of these statements.

So, if you are still on the fence about looking into Fulbright, here are **five things I gained by participating:**

1. Increase international collaboration between your university and those you tour during your Fulbright experience.
2. New perspective and understanding of different ways higher education can be structured and implemented.
3. Learn and experience first hand how foreign countries view the United States and its education system.
4. There are 10-20 other higher education professionals from across the country with you on this trip making it both a national as well as international opportunity to network.

5. You become a Fulbright Alumni and have life long access to this network and Fulbright opportunities.

Germany and France have upcoming deadlines February 2nd for their 2015 travel awards. For India, Korea and Japan you would have to wait for 2016. For more details visit the Fulbright website:

<http://www.cies.org/program/fulbright-international-education-administrators-program-ia>



This is a group picture at Johannes Gutenberg University of the Germany and French Fulbright group when we converged in Mainz Germany.



I love discussing my experience so feel free to contact me with any questions about the Fulbright application process or any other questions you may have.

Christine Lundeen,
OCDA Committee Member, Past President
lundeenc@ohsu.edu

Who's in that heart cookie picture at the top? (Just a small bit of evidence of the great people you will meet!)

This was a subgroup visit to Munich, you will find pictured from left to right:

Joseph Testani, Director, University Career Center, Virginia Commonwealth

University, Richmond, Virginia

Jill Burya, Associate Director Center for Career Education, Columbia
University, NY, NY

Christian Garcia, Executive Director, Toppel Career Center, University of
Miami, Coral Gables, FLA

Christine Lundeen, Career Development Specialist, Oregon Health and
Science University, Portland, OR

Daphne Orr, Assistant Director, Department of Applied Linguistics and ESL,
Georgia State University, Atlanta Georgia

5. Member Spotlight



Started last year and renewed last month, the **OCDA Member Spotlight** is up and running!

Our **October and November Spotlights, Enid Nielson and Adry Clark**, exemplify professionals who work hard and bring tremendous creative energy to the profession, in diverse environments.

Keep an eye on our front page for profiles of the next fantastic professionals!

Please send any nominations or suggestions to the OCDA board for consideration.

6. Professional Development Institute Save the Date -- March 20th 2014! And stay tuned for . . .



The **2015 Professional Development Institute** is scheduled for Friday, March 20th at McMenamin's Kennedy School in Portland.

Stay tuned for information on the agenda and speakers for the day!

Also coming up:

OCDA's Professional Development Scholarships Application

OCDA is again pleased to offer Professional Development Scholarships in order to "Promote Quality Career Development in

Oregon". Three scholarships will be offered to attend OCDA's Professional Development Institute and Awards Luncheon in March 2015. Be on the lookout for the application information & materials to take advantage of this opportunity!

OCDA Logo contest: We are planning to update our look and design a new logo and we want the membership's help! Details coming up.

Ninkasi Industry Tour: Ever wondered what is going on behind those brewery doors? Join us for a tour and activities in Spring 2015. Specific date TBA.

Networking Nights: Connect with fellow members while enjoying good food and drinks! Events near Portland and Salem are in the works, with dates to follow . . .